

Kailash Mansarovar Yatra 13 days (via Chengdu)

Lhasa 3nts, Shigatse 2nts, Saga 2nts, Darchen 5nts

Daywise Itinerary:

Day 01 FLY TO LHASA VIA CHENGDU (3,650 M)

Board your flight to Lhasa, Tibet. Upon arrival at Gonggar Airport- Lhasa, transfer to our hotel in Lhasa, approx 2 hrs drive. Spend the first day free to acclimatise with the altitude as Kathmandu is at 1300 m above sea level and Lhasa is at 3650m. Spend the night at Hotel in Lhasa.

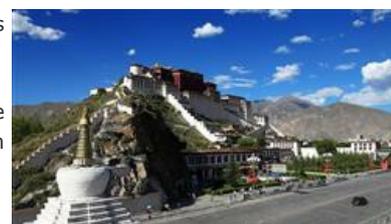
[x]Breakfast [x] Indian Lunch [Y] Indian Dinner



Day 02 LHASA - JOKHANG TEMPLE - BARKHOR STREET - POTALA PALACE

After breakfast we head to visit The Jokhang Temple, this temple has undergone massive additions and reconstructions since the 7th century and particularly during the reign of 5th Dalai Lama in the 17th century. While parts of the existing temple structure date from earlier times, most of the murals are from the 18th and 19th centuries and few statues (with the notable exception of the Jowo Sakyamuni) are older than the 1980's. The Jokhang is the most celebrated temple in Tibet. Because the temple is not controlled by a particular sect of Tibetan Buddhism. It attracts adherents of all the sects as well as followers of Bon-Po, Tibet's indigenous religion. This cumulative focusing of intention and love has charged the Jokhang with an enormously powerful field of sanctity. Later continue to visit Lhasa's Barkhor Street. The street circles the Jokhang Temple has been an essential pilgrim route since the foundation of the temple. Buddhist pilgrims can be seen throughout the day and night walking or prostrating themselves clockwise along Barkhor Street spinning their prayer wheels and chanting sutras. There is more to Barkhor Street than just a place for pilgrims to walk. Barkhor Street, often called the "Window of Tibet" is famous for its shopping. Our tour continues to visit the famous Potala Palace (from Outside), the winter palace of the Dalai Lama, which was originally built in the 7th century by the king Sotsen Gampo and rebuilt to the present size by the 5th Dalai Lama in the 17th century. Late visit, Norbulingka Palace, Built in the mid-18th century by the 7th Dalai Lama. This Norbulingka Jewel Park was the Dalai Lama's summer palace; it covers 100 acres with palaces, pavilions and a zoo. The Khamsum Zilnon is a very eye-catching building behind the main gate. It was originally a Han style pavilion and later changed into a theatre where the Dalai Lamas watched Tibetan opera. Tsokiyil Potrang is a group of buildings on water. Dalai Lamas used to read in a hall of the palace. In 1922, the Thirteenth Dalai Lama began to build his Golden Lingka and Chensel Potrang, which is located at the back of the woods. The palace was heavily painted with murals, which bear strong Han characteristics. Overnight at Hotel in Lhasa.

[Y]Breakfast [Y] Indian Lunch [Y] Indian Dinner



Day 03 LHASA - DRIVE TO SHIGATSE (3900 M) - 210 KM/ DRIVING HRS 5-6 HRS

After breakfast drive to Shigatse which is the 2nd largest city of Tibet. Later (time permitting) visit Tashillunpo Monastery, built in 1447 by the first Dalai Lama the Tashillunpo Monastery in Shigatse is a very important monastery in China as it is known as seat of the Panchan Lama, also one of the Six Big Monasteries of Gelugpa (yellow hat sect). Night stay will be at Hotel.

[Y]Breakfast [Y] Indian Lunch [Y] Indian Dinner



Day 04 SHIGATSE - DRIVE TO SAGA (4350 M) 450 KM

Have early breakfast in your hotel and drive to Saga. The drive is quite long today. On arrival check into Hotel Saga have dinner and overnight stay.

[Y]Breakfast [Y] Lunch [Y] Indian Dinner

Day 05 LAKE MANSAROVAR (4560 M) - DARCHEN 500 KM

Morning, drive through Paryang (4750 m). Have lunch on the way. Drive through the windswept territory passing many villages and camps of Yak herders with distance view of snow-capped mountains. On this day, the road is quite flat, hence the drive will be comfortable compared to other days. Thereafter drive to Hor Quo (4560 m). We continue driving crossing Mayum La pass (5200 m) today is the day of lifetime, as we will have the first sight (Darshan) of Holy Mt. Kailash and Holy Lake Mansarovar. Head towards Darchen, base camp of Mount Kailash. Overnight stay at Guest House.

[Y]Breakfast [Y] Packed Lunch [Y] Indian Dinner



Day 06 CHUI GOMPA LAKE MANSAROVAR (4560 M) - DARCHEN

Morning, day trip, we drive for Parikarama of Holy Lake Mansarovar & enroute view Rakshas Tal, relax and meditate at Lake Mansarovar, Holy bath and Shiv Sahstra Namavali Abhishek. After lunch drive to Darchen Overnight at Darchen.

[Y]Breakfast [Y] Indian Lunch [Y] Indian Dinner



Day 07 DRIVE TO TARBOCHE (2.5 KM) - WALK TO DIRAPUK (4860 M) 11KM/ 5 - 6 HRS

After breakfast, drive approx 2.5 Kms. to Tarboche (Yam Dwar), the trek starting point of Kailash Parikrama 1st day of Parikraman and the place where you get your option to hire your porters and ponies. Tarboche is also known as the outer "Asthapath". The first day of our Kora is a gradual walk with multitudes of other local pilgrims chanting and praying. The trail leads us to few ups and downs till we reach our guest house at Dirapuk (4860 m) 11km/ 5 - 6 hours walk. View of Kailash, North and West face. Overnight in Derapuk. (Those not feeling themselves fit to continue Parikarma will drive back to Darchen and wait for the Parikarma group to return after full Parikraman. Overnight in Darchen.)

[Y] Breakfast [Y] Packed Lunch [Y] Indian Dinner

Day 08 PARIKRAMA - DOLMA LA PASS (5630 M) - ZUTHUL PHUK (4700 M) 22KM. /10-11 HRS.

Today on 2nd day of Parikraman, our circumbulation (Kora) leads to much higher side of the holy path just beneath the Holy Mount Kailash. The walk will bring us to one of the highest point at Dolma La, 5,630 m. before descending to the gradual field towards Zuthulphuk (4700 m) for the overnight stay after 10-11 hours walk -22kms

[Y]Breakfast [Y] Packed Lunch [Y] Indian Dinner

Day 09 ZUTHULPHUK - DARCHEN WALK 9 KM / 4-5 HRS

After breakfast, the winding gradual tracks finally ends our holy pilgrimage walk 9km/ 4 - 5 hrs. Once we reach at the trek end point near Darchen, you drive to Darchen. (Those who could not do Parikrama would be waiting to welcome other group members at this point). Overnight at Darchen.

[Y]Breakfast [Y] Packed Lunch [Y] Indian Dinner

Day 10 DRIVE TO SAGA

Drive to Saga. Lunch on route, evening at leisure after Yatra, overnight stay in Saga.

[Y]Breakfast [Y] Packed Indian Lunch [Y] Indian Dinner

Day 11 DRIVE TO SHIGATSE (7-8 HRS DRIVE)

Drive to Shigatse. Lunch on route, overnight stay in Shigatse City.

[Y]Breakfast [Y] Lunch [Y] Indian Dinner

Day 12 DRIVE SHIGATSE TO LHASA (6-7 HRS DRIVE)

Drive Shigatseto Lhasa City. Lunch on route. Overnight stay in Lhasa City. Overnight at Hotel.

[Y]Breakfast [Y] Indian Lunch [Y] Indian Dinner

Day 13 LHASA - FLY TO CHENGDU

Today the day at leisure before you take your flight to Chengdu.

[Y]Breakfast [x] Indian Lunch [x] Indian Dinner



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